

MEDIA KIT

A portrait of Vanessa Johnson, a Black woman with short, dark, wavy hair, smiling and looking towards the camera. She is wearing a bright red blazer over a dark top. The background is a solid, warm-toned beige.

Vanessa
VANESSA
JOHNSON

AUTHOR.

INSPIRATIONAL SPEAKER.

THRIVE2DESTINY LIFE COACH.

ABOUT VANESSA

Vanessa is a graduate of Liberty University with a BS in Interdisciplinary Studies; Psychology and Life Coaching focus. She is a Licensed Minister and a member of the American Association of Christian Counselors. She is also a volunteer with the Speakers Bureau (of) RAINN; The nation's largest anti-sexual assault organization and one of "America's 100 Best Charities" —Worth magazine.

She has many years of experience working as an In Home Counselor for At Risk Youth and Families, a Behavior Modification Specialist for Middle and High School Students, and a Volunteer working with adult and juvenile offenders.

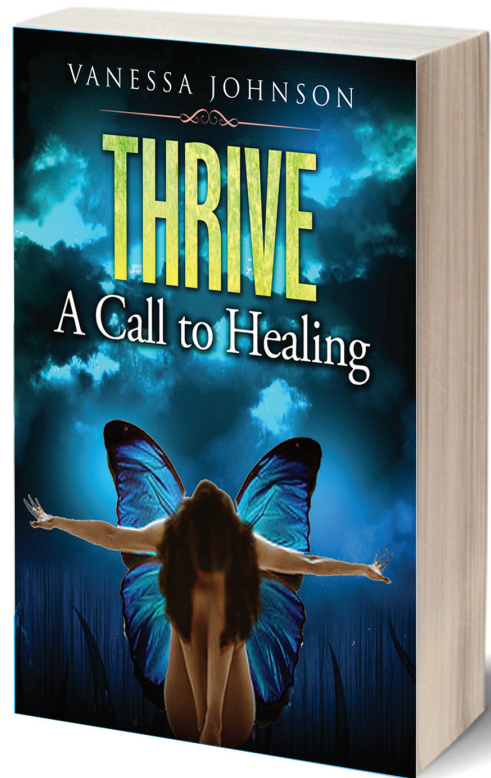
The trauma of abuse did not destroy Vanessa but instead it fueled a fire and desire to see people healed from their life altering experiences. Vanessa is now sharing with others the steps of her journey to heal through workshops, seminars, conferences, church events, and other various venues. She is a tenacious advocate against sexual crimes because she doesn't want anyone to leave this earth with their destiny and potential still inside of them!

Vanessa is on a mission to move people from a place of merely surviving trauma to a place of prosperity and promise. She is a living testimony that destiny will not truly be fulfilled until you have released the pains of your past



About the Book; Thrive A Call to Healing

Thrive, A Call to Healing is a book that guides and challenges the reader to take the necessary steps to not only heal but to know that they have the power to manifest that healing for themselves. She believes wholeheartedly that healing starts with a choice. Thrive, A Call to Healing helps you identify and remove roadblocks so that you can see your way clear to your destiny!



BOOK REVIEWS:

"Real, Relevant, and Renewing are just a few words that describe the words of healing that come through every page of this book! In this book God uses Vanessa Johnson's transformed life, to be a voice of healing to many! If you are ready to Heal and Live again!"

Patricio Wilson M.Div., B.S., Lead Pastor
Christ Family Church
Cary, NC
www.christfamilychurch.com

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"I take this opportunity with great joy to express the delivery of this awesome book. Vanessa has penned with great transparency of her abuse. Vanessa has articulated it in a matter that others can read and make a decision to be whole. Vanessa so elegantly expresses the journey then with details how to make your journey to forgive so you can live. She almost seemingly takes your hand and walks you into your destiny.

Dr. Shirley R. Brown, Th.D
Board Certified Christian Life Coach (BCCLC), Board Certified Pastoral Counselor(BCPC)
Website: www.destinyintministries.org

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"THRIVE: A Call to Healing is more than a book of emotional healing; it is also a book of courage, forgiveness and hope. Vanessa Johnson has the courage to break her silence and tell her story so that other victims of sexual abuse can step out and be helped and move towards their healing. To all who read this book . . . I congratulate you on your courage to make the choice to step out and be healed."

Dr. Sandra Wall Williams
Founder and CEO, Vision Building Institute™
Founder T.E.A.C.H., Inc.

Book can be purchased through www.Thrive2Heal.com

AUTHOR VANESSA JOHNSON

Thrive2Heal.The Organization



Vanessa has always had a strong love and passion for those who are hurting. Thrive2Heal is a organization that was founded to help individuals who are struggling to overcome the pain and devastation of sexual trauma. Vanessa knows firsthand how trauma can become a destructive force in your life without healing and restoration taking place. Vanessa was raped as a small child then suffered periods of molestation at the hands of an uncle. In God's infinite wisdom He made sure that through her fog of anger, disappointment and shame, He would heal and restore her by using people in her life to help navigate her way to her divine destiny and purpose in Him.

There are approximately 49 million adult survivors of child sexual abuse. Many of those survivors are still living with the anguish of that experience. Vanessa would like to bridge partnerships with other organizations to become united in seeing abuse of any kind not just reduced, but destroyed!



CONTACT



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Whether it's a presentation for a speaking engagement or a workshop that is tailored for your specific group, Vanessa presents information eloquently as well as practically and expresses the journey to heal with details on how to make your own personal journey to see your destiny and purpose come to fruition. She answers questions that only a person who has experienced various areas of suffering could understand. She gives you a personal account of the range of emotions – anger, fear, rejection, anxiety and how when they are left untreated are like a slowly administered poison that can kill your future.

She takes the hands of the audience members and helps them see their own personal paths to success. She gives a process on how to heal coupled with inspiration for their journey to healing. She lovingly helps individuals confront the areas in their lives that they are still allowing to hold their dreams and goals hostage. She helps them come face to face with their emotions and themselves in order to take control of their lives and go beyond just surviving pain to living in destiny!

A portrait of Vanessa Johnson, a Black woman with short dark hair, smiling and wearing a blue high-collared jacket. She is standing with her left hand on her hip.

Vanessa



“STANDING BEFORE
A GROUP OF PEOPLE IS
MORE THAN ABOUT
BEING SEEN. IT IS ABOUT
REPRESENTING THE
PURPOSE OF SHARING
THE INFORMATION.
THERE ARE MILLIONS OF
PEOPLE OF ALL AGES
THAT ARE STILL LIVING
THEIR LIVES IN PAIN.”

Vanessa Johnson